



CNADM Exam Study Guide

Ballet: *Gail Grant Dictionary of Classical Ballet*

CNADM's Classical Ballet Teaching Manual by Terrell Paulk*

8 Cecchetti body positions

5 Cecchetti head positions

Importance of "turn-out"

Different ballet turns and jumps

Attitude & Arabesque

True & False questions

Fill in the blank

What elements should be included
in an intermediate class?

7 movements of dance

Common errors at barre

Write an 8-measure combination

Barre exercises

Adagio & Allegro

Ballet terminology – define terms

Fixed points of the stage (Cecchetti)

Tap: *TapWorks* by Beverly Fletcher*

Name single, double, multiple sounds

How many beats in a measure (3/4 and 4/4)

Tap terminology

Famous tap dancers

Difference between flap/slap,
stamp/stomp, brush/spank

Time steps

Fixed points of the stage

Different styles of tap

Weight placement

Jazz: *CNADM's Jazz Dance Teaching Manual* by Tom Ralabate*

Anthology of American Jazz Dance by Gus Giordano

Jazz Danceology by Marcus Alford

Name turns in jazz

How did Jazz evolve?

Types of Jazz walks

Elements included in a beginner class

Define: contract, release, isolation

Demonstrate ten basic steps/moves

Multiple Choice

Different styles of Jazz dance

True & False

Fill in the blank

Write an 8-measure combination