



CHICAGO NATIONAL ASSOCIATION OF DANCE MASTERS

# Student Competition Rules

**Please read carefully. Failure to comply with these rules could result in disqualification.**

**Age Divisions:** Mini 7 – 10 years of age | Junior 10 – 12 years of age | Intermediate 13 – 14 years of age | Senior 15 and above

Place your competition group based on the average age of your group. Add the age of all contestants as of September 1st, and then divide by the number of contestants (anything .5 and over rounds up to the next whole number). Name, age and birth dates of all contestants must appear on the entry form or it will not be accepted. Contestants will be responsible for producing proof of age to the contest directors should a question arise. **Maximum age of any participant is 21, as of September 1st.**

## Categories and Entry Fees:

Duo/Trio . . . . . 2 or 3 dancers . . . . . \$25 per dancer  
Group . . . . . 4 to 8 dancers . . . . . \$18 per dancer  
Line . . . . . 9 or more dancers . . . . . \$12 per dancer

## Types of Routines:

Ballet, Tap, Jazz, Lyrical, Hip Hop, and Open (should not fit into other categories).

## Contestants

All contestants must be registered and in attendance at a CNADM workshop. All contestants must be registered with the studio with whom they are competing. They must attend ALL dance classes on the day of the competition. Dancers registered in Student Sessions must wear their wristbands to compete.

Dancers cannot compete against themselves in the same categories.

## Competition Routines

Each routine must be **3 minutes in length, maximum**, including exits to music. There is a one-point deduction for each second over the time limit.

Any gymnastic trick used in a routine will result in disqualification, except in the OPEN category. A gymnastic/acrobatic trick is any movement(s) that pass through or stop in a fully inverted (upside down) position with both feet off the floor (the torso passing or stopping directly over the tops of one's head/shoulders). The only exceptions to this are forward, backward and shoulder rolls, which can be performed in any category.

If dance movements, music lyrics or costuming are deemed to be too suggestive or otherwise inappropriate for our family audience, that group will be scored lower by the judges.

Scenery, fire, knives and swords are prohibited. Only handheld props that can be carried on stage with one hand may be used. If you have questions regarding your props, please contact Kay Davis Hamielec at tkhamielec@yahoo.com.

## Music

Music must be submitted on a **CD-R**(readable) disk, not CD-RW (read/writable). CDs must have the following information:

Studio Name / Teacher Name / Title of Song  
Age Division / Category / Type of Routine

Present two CDs per number to the registration desk on Saturday, July 25 between 8:00 a.m. and Noon. **CDs not accepted after Noon on July 31st.**

## Entries

Competition entries must be postmarked by **July 1, 2010**. No late entries and no changes accepted after July 1. Confirmations will be mailed by July 15th. If you do not receive a confirmation, please contact CNADM headquarters at 815-397-6052.

Entries are limited to eight per studio location. Entries may be in any division, but cannot total more than eight. Total number of overall entries accepted will be limited based on space/time restrictions.

Each entry must be on a separate entry form.

Absolutely no alcohol or videotaping will be allowed in the competition room. If violated, your routine being videotaped will be disqualified. This rule will be strictly enforced. CNADM requests courteous attention be given to ALL participants.

Only teachers will be allowed to pick up score sheets after the competition.

Entries must be filled out completely and mailed with your check, made out to CNADM, to:  
Donna Ziegler, MDE, CNADM Student Competition • 207 Center Road • Frankfort, IL 60423  
If you have any questions, please call 815-464-8954 or email: aussiedancer@sbcglobal.net

