

2025 SUMMER WORKSHOP

Monday, July 28, 2025					
Training School	Pre-Pro	BF4 (16y+ Adv)	BF3 (14y+ High Inter)	BF2 (12y+ Inter)	BF1 (11y+ Adv Beg)
Mahogany I-III	Mahogany IV-VI	Pavilion	Mahogany VII	Sienna III-IV	Sienna I-II
Dancer Call Time 3:30					
Registration Desk Open 3:00	PARENT SEMINAR: "Supporting Your Dancer" Open to Parents of Ballet Forum & Pre-Pro 4:00-5:00pm Demi Agaiby, M.S. (Slate Room)				
Advanced Modern 4:00-5:15 Sean Aaron Carmon	Audition Class 4:00-5:00 Jay & Connie (Mahogany VII)	Placement Class (BF3/4) 4:00-5:00 Maeghan McHale & Asha Gangolli (Mahogany IV-VI)		Placement Class (BF1/2) 4:00-5:00 Lizzie Mackenzie & Jacqueline Farina (Sienna III-IV)	
15min Break	Dinner 5:00-6:00	Dancer/Parent Orientation 5:00 (Mahogany Ballroom)			
"Teaching Styles" 5:30-6:30 Demi Agaiby, M.S		Dinner 5:15-6:00			
15min Break	Pre-Pro Repertoire 6:00-8:00 Jay & Connie	Ballet Repertoire 6:00-8:00 Maeghan McHale	Ballet Repertoire 6:00-8:00 Asha Gangolli	Ballet Repertoire 6:00-8:00 Lizzie Mackenzie	Ballet Repertoire 6:00-8:00 Jacqueline Farina
Hips 6:45-7:45 The Godfrey Method					
Welcome Reception for Teachers (President's Suite) 8:00-9:00					

*Schedules subject to change

2025 SUMMER WORKSHOP

Tuesday, July 29, 2025

Training School	Pre-Pro	BF4 (16y+ Adv)	BF3 (14y+ High Inter)	BF2 (12y+ Inter)	BF1 (11y+ Adv Beg)
Mahogany I-III	Mahogany IV-VI	Pavilion	Mahogany VII	Sienna III-IV	Sienna I-II
7:30-8:30 Continental Breakfast	Welcome & Photo 8:00-8:30				
Advanced Jazz 8:30-9:30 Connie Sweeney	Modern 8:30-9:30 Sean Aaron Carmon	Ballet 8:30-9:30 Jacqueline Farina	Ballet 8:30-9:30 Lizzie Mackenzie	Ballet 8:30-9:30 Asha Gangolli	Ballet 8:30-9:30 Maeghan McHale
10min Break		10min Break			
Flexibility 9:40-10:40 The Godfrey Method	Career Development 9:40-10:40 Lizzie Mackenzie	Modern Repertoire 9:40-12:00 Sean Aaron Carmon	Contemporary Repertoire 9:40-12:00 Maeghan McHale	Character Repertoire 9:40-12:00 Jacqueline Farina	Lyrical Repertoire 9:40-12:00 Connie Sweeney
5min Break					
Beginner Pointe 10:45-11:45 Asha Gangolli	Turns/Jumps 10:45-11:45 The Godfrey Method				
11:45 Discover CNADM (Lunch Provided)		Lunch 12:00-1:00			
12:00 Members Meeting (Lunch Provided)					
Advanced Ballet 1:00-2:00 Lizzie Mackenzie	Pre-Pro Repertoire 1:00-3:00 Jay & Connie	Ballet Repertoire 1:00-3:00 Maeghan McHale	Ballet Repertoire 1:00-3:00 Asha Gangolli	Pointe/Pre-Pointe 1:00-2:00 Jacqueline Farina	The Godfrey Method 1:00-2:00
5min Break				5min Break	
Interm Modern 2:05-3:20 Sean Aaron Carmon	10min Break		The Godfrey Method 2:05-3:05	Pointe/Pre-Pointe 2:05-3:05 Jacqueline Farina	
5min Break		Pointe 3:10-4:10 Asha Gangolli (Pavilion)			10min Break
Tap Progressions 3:25-4:25 Jay Fagan	Contemporary 3:10-4:10 Maeghan McHale	5min Break		Ballet Repertoire 3:15-5:15 Lizzie Mackenzie	Ballet Repertoire 3:15-5:15 Jacqueline Farina
5min Break		Ballet 4:15-5:15 Sean Aaron Carmon (Pavilion)			
Extensions 4:30-5:30 The Godfrey Method	Ballet 4:15-5:15 Asha Gangolli				
*Schedules subject to change					
7:00-8:00 Intensive Fun (Registration Required)					

2025 SUMMER WORKSHOP

Wednesday, July 30, 2025

Training School	Pre-Pro	BF4 (16y+ Adv)	BF3 (14y+ High Inter)	BF2 (12y+ Inter)	BF1 (11y+ Adv Beg)
Mahogany I-III	Mahogany IV-VI	Pavilion	Mahogany VII	Sienna III-IV	Sienna I-II
"Morning Mingle" 7:30-8:30	Student Honors Written Testing 7:15-8:15 (Slate Room)				
Dancer Call Time 8:15					
Preschool Props 8:30-9:30 Becca Retter	Across the Floor 8:30-9:30 The Godfrey Method	Ballet/Pointe 8:30-9:45 Asha Gangolli	Ballet/Pointe 8:30-9:45 Maeghan McHale	Ballet 8:30-9:45 Jacqueline Farina	Ballet 8:30-9:45 Lizzie Mackenzie
10min Break		10min Break			
Progressions 9:40-10:40 The Godfrey Method	Pre-Pro Repertoire 9:40-12:00 Jay & Connie	Ballet Repertoire 9:55-12:00 Maeghan McHale	Ballet Repertoire 9:55-12:00 Asha Gangolli	Ballet Repertoire 9:55-12:00 Lizzie Mackenzie	Ballet Repertoire 9:55-12:00 Jacqueline Farina
5min Break					
Beginner Modern 10:45-12:00 Sean Aaron Carmon					
Lunch 12:00-1:00					
Al Gilbert Grades 1-3 1:00-2:15 Becca Retter	Tap 1:00-2:00 Jay Fagan	The Godfrey Method 1:00-2:00	Contemporary 1:00-2:00 Lizzie Mackenzie	Lyrical 1:00-2:00 Connie Sweeney	Modern 1:00-2:00 Sean Aaron Carmon
5min Break					
Social Dances 2:20-3:20 Jay Fagan	Jazz 2:05-3:05 Maeghan McHale	Lyrical 2:05-3:05 Connie Sweeney	The Godfrey Method 2:05-3:05	Modern 2:05-3:05 Sean Aaron Carmon	Contemporary 2:05-3:05 Lizzie Mackenzie
10min Break					
Inter Pointe 3:25-4:25 Asha Gangolli	Career Development 3:15-4:30 Lizzie Mackenzie	Modern Repertoire 3:15-5:30 Sean Aaron Carmon	Contemporary Repertoire 3:15-5:30 Maeghan McHale	Character Repertoire 3:15-5:30 Jacqueline Farina	Lyrical Repertoire 3:15-5:30 Connie Sweeney
5min Break	Pilates 4:30-5:30 Asha Gangolli				
Preschool Routines 4:30-6:00 Becca Retter					

*Schedules subject to change

2025 SUMMER WORKSHOP

Thursday, July 31, 2025

Training School	Pre-Pro	BF4 (16y+ Adv)	BF3 (14y+ High Inter)	BF2 (12y+ Inter)	BF1 (11y+ Adv Beg)
Mahogany I-III	Mahogany IV-VI	Pavilion	Mahogany VII	Sienna III-IV	Sienna I-II
Dancer Call Time 8:15					
Al Gilbert Gr 4-5 8:30-9:45 Becca Retter	Modern 8:30-9:45 Sean Aaron Carmon	Ballet 8:30-9:30 Lizzie Mackenzie	Ballet 8:30-9:30 Jacqueline Farina	Ballet 8:30-9:30 Maeghan McHale	Ballet 8:30-9:30 Asha Gangolli
10min Break		10min Break			
Interm Ballet 9:55-10:55 Lizzie Mackenzie	Ballet 9:55-10:55 Asha Gangolli	Modern Repertoire 9:40-12:00 Sean Aaron Carmon	Contemporary Repertoire 9:40-12:00 Maeghan McHale	Character Repertoire 9:40-12:00 Jacqueline Farina	Lyrical Repertoire 9:40-12:00 Connie Sweeney
5min Break					
Preschool Camps 11:00-12:00 Becca Retter	Contemporary 11:00-12:00 Lizzie Mackenzie	Lunch 12:00-1:00			
12:15 Members Meeting (Slate)		Lunch 12:00-1:00			
Interm Jazz 1:00-2:00 Connie Sweeney	Hip Hop 1:00-2:15 Suavé	Ballet Repertoire 1:00-3:00 Maeghan McHale	Ballet Repertoire 1:00-3:00 Asha Gangolli	Ballet Repertoire 1:00-3:00 Lizzie Mackenzie	Ballet Repertoire 1:00-3:00 Jacqueline Farina
10min Break		10min Break			
Tap Across Floor 2:10-3:10 Jay Fagan	Jazz 2:20-3:20 Connie Sweeney	10min Break			
5min Break		Modern 3:10-4:10 Sean Aaron Carmon (Pavilion)		Pointe/Pre-Pointe 3:10-4:10 Maeghan McHale	Pointe/Pre-Pointe 3:10-4:10 Lizzie Mackenzie
Hip Hop Fundamentals #1 Beg/Interm 3:15-4:45 Suavé	5min Break	5min Break			
Pre-Pro Repertoire 3:30-5:30 Tech Jay & Connie		Pointe 4:15-5:15 Jacqueline Farina (Pavilion)	Modern 4:15-5:15 Sean Aaron Carmon (Sienna III-IV)		
Dancer Call Time 6:45pm		Reception 6:30pm (Pavilion) Annual Award Banquet 7:30pm (Mahogany Ballrooms)			

Board Elections 11:00-2:00

2025 SUMMER WORKSHOP

Friday, August 01, 2025					
Training School	Pre-Pro	BF4 (16y+ Adv)	BF3 (14y+ High Inter)	BF2 (12y+ Inter)	BF1 (11y+ Adv Beg)
Mahogany I-III	Pavilion	Mahogany IV-VI (Stage)	Mahogany VII	Sienna III-IV	Sienna I-II
		Call Time 8:00			
Advanced Pointe 8:45-9:45 Asha Gangolli	"Injury Prevention" 8:45-9:45 Dr. Alison McClean	Modern Repertoire & Tech BF4 8:15-10:00 Sean Aaron Carmon	Contemporary Repertoire 8:15-9:30 Maeghan McHale	Call Time 8:30	
5min Break					Ballet 8:45-9:45 Lizzie Mackenzie
Beginner Jazz 9:50-10:50 Connie Sweeney	Ballet 9:50-10:50 Jacqueline Farina	Tech BF4 (Maeghan) 10:00-10:45	Ballet 9:45-10:45 Asha Gangolli	5min Break	
10min Break				"Preparing for Performance" 9:50-10:50 Demi Agaiby, M.S.(Sienna III-IV)	
"Injury Prevention" 11:00-12:00 Dr. Alison McClean	Modern 11:00-12:00 Sean Aaron Carmon	Contemporary 11:00-12:00 Lizzie Mackenzie (Mahogany VII)	Tech BF3 (Maeghan) 10:45-11:30 (Stage Floor)	Character Repertoire 11:00-12:15 Jacqueline Farina	Lyrical Repertoire 11:00-12:15 Connie Sweeney
Lunch 12:00-1:00	Lunch 12:00-1:00	Lunch 12:00-1:00	Lunch 12:15-1:00	Lunch 12:15-1:15	Lunch 12:15-1:00
Beginner Ballet 1:00-2:00 Lizzie Mackenzie	Advanced Tap 1:00-2:00 Jay Fagan (Mahogany VII)	"Preparing for Performance" 1:00-2:00 Demi Agaiby, M.S. (Pavilion)		Contemporary 1:15-2:15 Maeghan McHale	Tech BF1 (Connie) 1:00-1:45 (Stage Floor)
10min Break		15min Break			
Advanced Tap 2:10-3:10 Jay Fagan	Hip Hop 2:10-3:10 Suavé (Mahogany VII)	Ballet & Pointe 2:15-3:45 Maeghan McHale (Pavilion)	Lyrical 2:15-3:15 Connie Sweeney (Sienna I-II)	Tech BF2 (Lizzie) 2:30-3:15 (Stage Floor)	Tech BF1 (Jacqueline) 1:45-2:30 (Stage Floor)
5min Break					10min Break
Hip Hop Fundamentals #2 Interm/Adv 3:15-4:45 Suavé	Contemporary 3:15-4:15 Lizzie Mackenzie (Mahogany VII)			Tech BF2 (Jacqueline) 3:15-4:00 (Stage Floor)	Pointe/Pre-Pointe 2:40-3:40 Asha Gangolli (Sienna III-IV)
Call Time for Gala Dancers 5:45pm (Gala Dress Rehearsal)					
GALA PERFORMANCE 7:30pm (Mahogany Ballrooms)					

2025 SUMMER WORKSHOP

Saturday, August 2

Teachers	Yellow (16y+)	Green (14-15y)	White (13-14y)	Blue (12-13y)	Red (10-11y)	Purple (9-10y)	Orange (7-8y)	
Mahogany IV-VI	Pavilion	Mahogany VII	Mahogany I-III	Sienna III-IV	Sienna I-II	Ivory	Slate	
Student Honors Written Testing 7:00-8:00 (Cyan Room)								
Registration Desk Opens 7:00								
	Welcome & Photo 8:00-8:30	Welcome & Photo 8:00-8:30	Welcome & Photo 8:00-8:30	Welcome & Photo 8:00-8:30	Welcome & Photo 8:00-8:30	Welcome & Photo 8:00-8:30	Welcome & Photo 8:00-8:30	
Modern 8:30-9:30 Matthew Farmer	Irish Dance 8:30-9:30 Sheila Healy	Ballet 8:30-9:30 Stacy Keller	Tap 8:30-9:30 Jay Fagan	Hip Hop 8:30-9:30 Eilleen Mallary	Lyrical 8:30-9:30 Nick Pupillo	Musical Theatre 8:30-9:30 Annie Jo Fischer		
10min Break							Welcome & Photo 9:30-9:45	
Contemporary 9:40-10:40 Nick Pupillo	Modern 9:40-10:40 Matthew Farmer	Fusion 9:40-10:40 Krista Ellensohn	Hip Hop 9:40-10:40 Eilleen Mallary	Ballet 9:40-10:40 Stacy Keller	Musical Theatre 9:40-10:40 Annie Jo Fischer	Tap 9:40-10:40 Jay Fagan	Irish Dance 9:45-10:30 Sheila Healy	
5min Break							15min Break	
Tap (Wrap-Up Combo) 10:45-11:45 Jay Fagan	Jazz 10:45-11:45 Connie Sweeney	Hip Hop 10:45-11:45 Eilleen Mallary	Musical Theatre 10:45-11:45 Annie Jo Fischer	Irish Dance 10:45-11:45 Sheila Healy	Ballet 10:45-11:45 Stacy Keller	Modern 10:45-11:45 Matthew Farmer	Lyrical 10:45-11:30 Nick Pupillo	
11:45 Discover CNADM (Lunch Provided)	Lunch 11:45-1:00 Student Honors Demonstrative Testing 11:45						Lunch 11:30-1:15	
12:30 Members Meeting (Lunch Provided)								
Jazz 1:00-2:00 Connie Sweeney	Hip Hop 1:00-2:00 Eilleen Mallary	Contemporary 1:00-2:00 Nick Pupillo	Fusion 1:00-2:00 Krista Ellensohn	Tap 1:00-2:00 Jay Fagan	Irish Dance 1:00-2:00 Sheila Healy	Ballet 1:00-2:00 Stacy Keller	Musical Theatre 1:15-2:00 Annie Jo Fischer	
10min Break							15min Break	
Irish Dance 2:10-3:10 Sheila Healy	Fusion (Wrap-Up Combo) 2:10-3:10 Krista Ellensohn	Jazz 2:10-3:10 Connie Sweeney	Modern 2:10-3:10 Matthew Farmer	Contemporary 2:10-3:10 Nick Pupillo	Tap 2:10-3:10 Jay Fagan	Hip Hop 2:10-3:10 Eilleen Mallary	Ballet (Wrap-Up Combo) 2:15-3:15 Stacy Keller	
5min Break								
Fusion 3:15-4:15 Krista Ellensohn	Tap 3:15-4:15 Jay Fagan	Modern (Wrap-Up Combo) 3:15-4:15 Matthew Farmer	Contemporary (Wrap-Up Combo) 3:15-4:15 Nick Pupillo	Musical Theatre (Wrap-Up Combo) 3:15-4:15 Annie Jo Fischer	Hip Hop (Wrap-Up Combo) 3:15-4:15 Eilleen Mallary	Jazz (Wrap-Up Combo) 3:15-4:15 Connie Sweeney		
Student Honors Presentation 5:45pm Student Competition 6:00pm (Mahogany Ballrooms)								

Board Elections 11:00-2:00

*Schedules subject to change

2025 SUMMER WORKSHOP

Sunday, August 3							
Teachers	Yellow (16y+)	Green (14-15y)	White (13-14y)	Blue (12-13y)	Red (10-11y)	Purple (9-10y)	Orange (7-8y)
Mahogany IV-VI	Pavilion	Mahogany VII	Mahogany I-III	Sienna III-IV	Sienna I-II	Ivory	Slate
Registration Desk Opens 7:30							
"Morning Mingle" 7:30-8:30 Continental Breakfast							
Ballet 8:30-9:30 Stacy Keller	Musical Theatre 8:30-9:30 Annie Jo Fischer	Hip Hop 8:30-9:30 Eilleen Mallary	Jazz 8:30-9:30 Connie Sweeney	Tap 8:30-9:30 Jay Fagan	Modern 8:30-9:30 Matthew Farmer	Irish Dance 8:30-9:30 Sheila Healy	
10min Break							
Musical Theatre 9:40-10:40 Annie Jo Fischer	Contemporary 9:40-10:40 Nick Pupillo	Tap 9:40-10:40 Jay Fagan	Irish Dance 9:40-10:40 Sheila Healy	Jazz 9:40-10:40 Connie Sweeney	Fusion 9:40-10:40 Krista Ellensohn	Ballet 9:40-10:40 Stacy Keller	Hip Hop 9:45-10:30 Eilleen Mallary
5min Break							15min Break
Hip Hop 10:45-11:45 Eilleen Mallary	Ballet 10:45-11:45 Stacy Keller	Irish Dance 10:45-11:45 Sheila Healy	Fusion 10:45-11:45 Krista Ellensohn	Modern 10:45-11:45 Matthew Farmer	Jazz 10:45-11:45 Connie Sweeney	Contemporary 10:45-11:45 Nick Pupillo	Tap 10:45-11:30 Jay Fagan
12:00 Members Meeting (Cyan)	Lunch 11:45-12:30						Lunch 11:30-12:30
Improv 12:30-1:30 Matthew Farmer	Tap 12:30-1:30 Jay Fagan	Musical Theatre 12:30-1:30 Annie Jo Fischer	Ballet 12:30-1:30 Stacy Keller	Fusion 12:30-1:30 Krista Ellensohn	Contemporary 12:30-1:30 Nick Pupillo	Hip Hop 12:30-1:30 Eilleen Mallary	Jazz 12:30-1:15 Connie Sweeney
5min Break							20min Break
Tap (Wrap-Up Combo) 1:35-2:35 Jay Fagan	Fusion (Wrap-Up Combo) 1:35-2:35 Krista Ellensohn	Modern (Wrap-Up Combo) 1:35-2:35 Matthew Farmer	Contemporary (Wrap-Up Combo) 1:35-2:35 Nick Pupillo	Musical Theatre (Wrap-Up Combo) 1:35-2:35 Annie Jo Fischer	Hip Hop (Wrap-Up Combo) 1:35-2:35 Eilleen Mallary	Jazz (Wrap-Up Combo) 1:35-2:35 Connie Sweeney	Ballet (Wrap-Up Combo) 1:35-2:35 Stacy Keller
WRAP-UP RALLY 2:45 (Mahogany Ballrooms) Performances, Scholarships, Giveaways							

*Schedules subject to change